



HAZEL CAMANAY

DOMESTIC HELPER

HONGKONG

SUMMARY

Energetic, highly organized, and reliable Nanny/Housekeeper with a proven track record of managing busy households and providing exceptional care for children aged 2–10. Adept at creating structured daily routines, preparing nutritious meals, and executing deep cleaning and laundry tasks efficiently. Passionate about maintaining safe, encouraging environments for children while adapting seamlessly to the unique needs of busy families.

EDUCATION

HIGH SCHOOL GRADUATE

TABUGON NATIONAL HIGH
SCHOOL
2005–2009

Core Skills

- **Child Development:** Early childhood care, toddler supervision, positive behavior reinforcement.
- **Household Management:** Deep cleaning, laundry management, grocery procurement, organizational checklists.
- **Culinary & Nutrition:** Healthy meal preparation, lunchbox curation, proficient in cooking authentic Indian and Western cuisines.
- **Specialized Care:** Elderly support, stroke patient care routine management, mobility assistance.
- **Time Management:** School run coordination, multi-generational household scheduling.

LANGUAGE

English
Tagalog

EXPERIENCE

- **Household Helper / Nanny** | Lee Family, Hong Kong
- 2025–present
 - Provided dedicated care and supervision for a 2-year-old boy, ensuring a safe and stimulating environment.
 - Planned and prepared balanced, healthy meals tailored to early childhood nutritional needs.
 - Managed daily school transportation schedules safely and punctually.
 - Executed core household chores to maintain a clean, organized, and hygienic home environment.
- **Household Helper / Nanny** | Capraz Family, Singapore
- 2023–2025
 - Supervised and supported the daily care of two children (aged 2 and 8), balancing different developmental needs.
 - Handled healthy meal preparation and curated nutritious daily school lunchboxes.
 - Coordinated active daily routines, including organizing safe playdates and managing school pickup/drop-off logistics.
 - Maintained a high standard of household cleanliness by handling essential cleaning duties.
 - Prepared simple, wholesome family dinners to support busy working parents.
- **Household Helper / Nanny** | Sapra Family, Singapore
- 2022–2023
 - Provided continuous, attentive care for a 7-year-old girl, prioritizing her safety and well-being.
 - Managed morning routines efficiently, including early wake-ups, breakfast preparation, and school readiness.
 - Curated specialized healthy meals, showcasing strong proficiency in preparing authentic Indian cuisine for the family.
 - Facilitated daily outdoor recreation and physical activity at local playgrounds.
 - Performed meticulous light housekeeping duties to ensure a consistently tidy living space.
- **Household Helper / Caregiver** | Chadha Family, Singapore
- 2018–2022
 - Managed a complex, multi-generational household, providing simultaneous care for a 4-year-old child and an elderly grandmother recovering from a stroke.
 - Oversaw specialized elder care routines, managing morning assistance, monitoring well-being, and preparing soft, healthy breakfasts.
 - Structured seamless morning timetables to ensure the child was prepared and dropped off at school on time.
 - Proactively managed household logistics, including grocery shopping, errand running, and checklist organization.
 - Maintained excellent sanitation standards throughout the home to create a fresh, orderly environment.

WORK EXPERIENCE CONTINUED

Household helper/Nanny |Xiong Family

2016-2018

- Provided dedicated childcare for three children (age 2, 4 and 8), ensuring, and engaging environment.
- Planned and prepared nutritious meals tailored specifically to the children's dietary needs,
- Managed daily school runs, safely coordinating mornings pickups and afternoon drop-offs
- Maintained high standards of hygiene and organization across the living household to ensure a tidy, safe, and sanitized living environment.
- Cooked healthy dinners for the entire family and efficiently managed household grocery shopping and inventory.

Household helper | Toh Family

June 2016- August
2016

- Prepared well-balanced and healthy meals daily for a four family.
- Executed daily housekeeping duties, including thorough laundry management, ironing, and general organization to keep the home pristine.
- Maintained family vehicles by performing regular car washing and exterior cleaning.

REFERENCES

Shreya Dasaur